

## **Principles of Democracy Lesson**

#### Introduction

This activity is called "each one teach one" and can be used when introducing a unit, learning new information or summarizing the key concepts and ideas learned in a unit.

The strategy allows students to become part of the instruction and share their knowledge with their peers.

### **Outcomes**

As a result of this activity, each student will be able to:

- List the principles of democracy.
- Explain the meaning of selected principles.

#### **Materials**

The list of definitions from the handout, **Signposts of Democracy**, is all that is needed for this activity. Cut one list (or more depending on number of students) into strips — each strip will have one principle on it. You will need one strip per student. Optional - you can make handouts of the entire list to give the students at the end of the activity.

#### **Procedure**

#### 1) Name Democratic Principles

Ask the students to name any principles of democracy that they know. List these on the board. Explain that they are now going to have an opportunity to discuss with each other the definitions of these and other principles.

#### 2) Review the Activity Outcomes and Rules

- Talk to one person at a time;
- Teach your principle;
- Learn the other person's principle;
- Discuss additional knowledge about principle or give examples;
- Move to the next person;
- Optional learn everyone's name.
- 3) Distribute the strips, one to each student.
- 4) Give the students 2 -3 minutes to become familiar with their principle.

#### 5) Explain that the students should:

- Move around the room, talking to ONE person at a time;
- Talk to as many people as they can in the given time limit, trying to learn 8 to 10 principles;
- Teach each other (groups of two, only) his or her principles and answer any questions that the other has -- if either student knows more about the principles being taught, s/he should share that knowledge.
- 6) If interest wanes, call time. The activity works best in about 15 minutes.

## **Facilitation Suggestions**

- During the activity, the instructor should circulate to help people move on to another person and discourage small groups from gathering;
- Give a 5-minute warning and tell students to try to meet three more people;
- Call time and have the students return to their seats.

#### Discussion and Reflection

- Call on the students one at a time and ask them to give a definition of a principle they learned (optional and introduce one person). On the board, check off the principles as they name them and add additional principles.
- When the students have exhausted their knowledge of principles, distribute the handout **Signposts of Democracy**. Ask additional students who have not spoken to check the list on the board and 1) try to define a principle that has not been discussed, 2) check the handout to see if all the principles listed were discussed and define one that was not, 3) ask if other principles need to be added to the list.
- Ask students:
  - If any of the principles were new to them,
  - If any principles seem more important than others,
  - If they value one principle more than others and why,
  - If any of these principles seem under stress in our democracy,
  - Other questions that will tie this activity to your curriculum or outcomes for your students.



## **Signposts of Democracy**



# Citizen Participation

One of the most basic signposts of a democracy is citizen participation in government. Participation is the key role of citizens in democracy. It is not only their right, but it is their duty. Citizen participation may take many forms including standing for election, voting in elections, becoming informed, debating issues, attending community or civic meetings, being members of private voluntary organizations, paying taxes, and even protesting. Participation builds a better democracy.



### **Equality**

Democratic societies emphasize the principle that all people are equal. Equality means that all individuals are valued equally, have equal opportunities, and may not be discriminated against because of their race, religion, ethnic group, gender or sexual orientation. In a democracy, individuals and groups still maintain their right to have different cultures, personalities, languages and beliefs.



#### **Political Tolerance**

Democratic societies are politically tolerant. This means that while the majority of the people rule in a democracy, the rights of the minority must be protected. People who are not in power must be allowed to organize and speak out. Minorities are sometimes referred to as "the opposition" because they may have ideas which are different from the majority. Individual citizens must also learn to be tolerant of each other.

A democratic society is often composed of people from different cultures, racial, religious and ethnic groups who have viewpoints different from a majority of the population. A democratic society is enriched by diversity. If the majority deny rights to and destroy their opposition, then they also destroy democracy.

One goal of democracy is to make the best possible decision for the society. To achieve this, respect for all people and their points of view is needed. Decisions are more likely to be accepted, even by those who oppose them, if all citizens have been allowed to discuss, debate and question them.



## **Accountability**

In a democracy, elected and appointed officials have to be accountable to the people. They are responsible for their actions. Officials must make decisions and perform their duties according to the will and wishes of the people, not for themselves.



### **Transparency**

For government to be accountable the people must be aware of what is happening in the country. This is referred to as transparency in government. A transparent government holds public meetings and allows citizens to attend. In a democracy, the press and the people are able to get information about what decisions are being made, by whom and why.



## **Regular Free & Fair Elections**

One way citizens of the country express their will is by electing officials to represent them in government. Democracy insists that these elected officials are chosen and peacefully removed from office in a free and fair manner. Intimidation, corruption and threats to citizens during or before an election are against the principles of democracy.

In a democracy, elections are held regularly every so many years. Participation in elections should not be based on a citizen's wealth. For free and fair elections to occur, most adult citizens should have the right to stand for government office. Additionally, obstacles should not exist which make it difficult for people to vote.



#### **Economic Freedom**

People in a democracy must have some form of economic freedom. This means that the government allows some private ownership of property and businesses, and that the people are allowed to choose their own work and join labour unions. The role the government should play in the economy is open to debate, but it is generally accepted that free markets should exist in a democracy and the state should not totally control the economy. Some argue that the state should play a stronger role in countries where great inequality of wealth exists due to past discrimination or other unfair practices.



### Control of the Abuse of Power

Democratic societies try to prevent any elected official or group of people from misusing or abusing their power. One of the most common abuses of power is corruption. Corruption occurs when government officials use public funds for their own benefit or exercise power in an illegal manner. Various methods have been used in different countries to protect against these abuses. Frequently the government is structured to limit the powers of the branches of government; to have independent courts and agencies with power to act against any illegal action by an elected official or branch of government; to allow for citizen participation and elections; and to check police abuse of power.



## **Accepting the Results of Elections**

In democratic elections, there are winners and losers. Often the losers in an election believe so strongly that their party or candidate is the best one, that they refuse to accept the results of the election. The consequences of not accepting the results of an election may be a government that is ineffective and cannot make decisions. It may even result in violence. This is against democratic principles.



## **Human Rights**

All democracies strive to respect and protect the human rights of citizens. Human rights mean those values that reflect respect for human life and human dignity. Democracy emphasizes the value of every human being. Examples of human rights include freedom of expression, freedom of association, freedom of assembly, the right to equality and the right to basic education.



## **Multi-Party Systems**

In order to have a multi-party system, more than one political party must participate in elections and play a role in government. A multi-party system allows for opposition to the party that wins the election. This helps provide the government with different viewpoints on issues. Additionally, a multi-party system provides voters with a choice of candidates, parties and policies to vote for. Historically, when a country only has one party, the result has been a dictatorship.



### The Rule of Law

In a democracy no one is above the law, not even a king or an elected President. This is called the rule of law. It means that everyone must obey the law and be held accountable if they violate it. Democracy also insists that the law be equally, fairly and consistently enforced.

This is sometimes referred to as "due process of law."



# **Bill of Rights**

Many democratic countries also choose to have a bill of rights to protect the people against abuse of power. A bill of rights is a list of rights and freedoms guaranteed to all people in the country. When a bill of rights becomes part of a country's constitution, the courts have the power to enforce these rights. A bill of rights limits the power of government and may also impose duties on individuals and organizations.